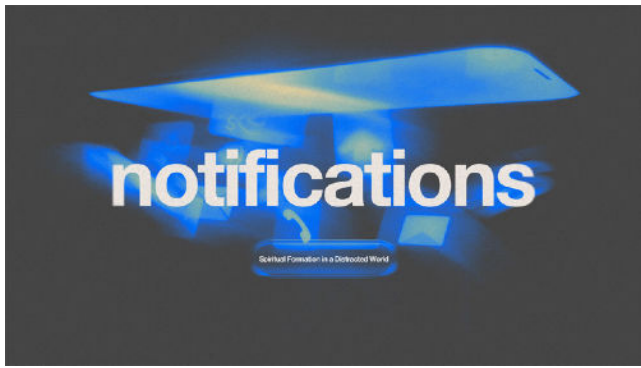




The Hamster Wheel Matthew 11:25-30

Introduction

Jesus is dealing with a culture that was very much consumed by the “rules” of following the law of God. But Jesus wants the people to have a living faith, not just a rule following faith. He invites them into being with him, not just doing for him. It begs the question, are we making time to be with Jesus, or are we just doing religious activities?

Discussion

- Do you consider yourself a busy person? Why or why not?
- What takes up the majority of your time?

Going Deeper¹

- Read Matthew 11:25-30. What stands out to you in this text?
- Why would God “hide” things from the wise and reveal them to infants?
- Why is it important for Jesus to connect himself to the Father in vs. 27?
- What is Jesus’ invitation in 28-30 an invitation to?
- What does “rest for your souls” look like?

Application

- What is your big takeaway from this text?
- When you reflect on your day, do you check boxes of what was done or ask how you grew? Why?
- What makes doing for Jesus so much easier than being with Jesus?
- What is something you can do this week to just be with Jesus?
- How can we be in prayer for you?

¹ Scripture references are from the NRSV.