Introduction
When you come to the proverbial “fork in the road” how do you decide which way to go? Each of us will face a myriad of decisions throughout our lives that send us in different directions and put us on different paths. How does being a follower of Jesus impact that decision making process? What does spiritual discernment look like as we move through life?

Discussion
• How do you tend to decide between different options like where to go to dinner, or which game to play with friends?
• How do those decision-making processes change when it’s life decisions?

Going Deeper1
• Read Romans 12:1-2. What stands out to you about the passage?
• What does it mean to present your body as a living sacrifice to God (vs. 1)?
• What would it mean to conform to the world (vs. 2a)? Why is it problematic?
• Why does Paul point to the mind in bringing transformation (vs. 2b)?
• How does this kind of transformation (of the mind) better lead to discerning the will of God (vs. 2b)?

Application
• What is your biggest takeaway from this text?
• What is the text asking of us?
• What can you do this week to move toward spiritual transformation through the renewing of your mind?
• How can we be in prayer for you?

1 Scripture references are from the NIV.