



## **“And Be Thankful” Colossians 3:12-17**

### **Introduction**

Being thankful is often as much an attitude we choose as much as it is an emotion we feel. It is easy to feel thankful when we are given something or in a good mood. But what about the times things aren't going as well or we find ourselves in a moment of struggle? As we approach Thanksgiving, how can we make a thankful attitude a constant in our lives?

### **Discussion**

- What is your favorite part of the Thanksgiving holiday?
- Is there an act of thankfulness that is part of your Thanksgiving tradition?

### **Going Deeper<sup>1</sup>**

- Read Colossians 3:12-17. What stands out to you most in this passage?
- Why does verse 12 specifically highlight these attributes for “God’s chosen people”?
- Paul discusses forgiveness before moving on to peace and thankfulness (vs. 13-15). Do you think this order is important?
- How are peace and thankfulness related (vs. 15)?
- How does this entire passage encapsulate “the message of Christ” (vs. 16)?

### **Application**

- What do we learn about being thankful in Colossians 3?
- Think of someone in your life you believe models a life of thankfulness. What are the characteristics they display that give you this impression of them?
- What is the hardest part of being thankful when we might not “feel” thankful?
- What is one thing you can do to regularly practice thankfulness in your life?
- How can we be in prayer for you?

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<sup>1</sup> Scripture references are from the NIV.